

Rialto Unified School District

Feb 3, 2025 thru Feb 7, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/03/2025																
PRE-K BIC # 2	Total	300														
Muffin, Blue 20th Cent '24	1 ea	300	120	25	170	1.00	0.36	9.9	0	0.0	8	2.0	18.0	4.0	1.00	0.00
Craisins, Watermelon	1 servings	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	servings	299	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			350	40	320	4.00	0.36	359.9	620	0.00	46	11.00	60.00	6.50	2.50	0.00
% of Calories											52.6%	12.6%	68.6%	16.7%	6.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 02/04/2025																
PRE-K BIC # 2	Total	300														
Snack'n Waffles, Cinnamon	pkg	300	250	44	290	2.00	1.44	30.0	75	0.0	15	6.0	37.0	9.0	4.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	299	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			425	59	454	2.00	1.44	390.0	675	30.00	43	16.00	65.00	11.50	5.50	0.00
% of Calories											40.5%	15.1%	61.2%	24.4%	11.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 02/05/2025																
PRE-K BIC # 2	Total	300														
Pancakes, Confetti Bites 2022	pkg	300	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	299	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			369	25	360	5.93	3.60	370.0	1534	0.00	32	13.00	59.64	9.50	2.50	0.00
% of Calories											34.5%	14.1%	64.7%	23.2%	6.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Rialto Unified School District

Feb 3, 2025 thru Feb 7, 2025

Base Menu Spreadsheet

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Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/06/2025																
PRE-K BIC # 2	Total	300														
CEREAL, MULTI-GRAIN CHEER IOS'24	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
APPLES, Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES, Fresh sliced 2017 2oz	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			264	15	255	4.00	12.78	460.0	850	127.20	26	11.00	45.00	3.50	1.50	0.00
% of Calories											39.4%	16.7%	68.2%	11.9%	5.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 02/07/2025																
PRE-K BIC # 2	Total	300														
Yogurt, Straw/crack-DW '24PSBK	SERVING	300	290	5	245	2.00	2.00	585.0	30	0.0	35	7.0	59.0	3.0	0.50	0.00
GRAPES, Fresh PKG '23	serv. (1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES, Fresh PKG '23	serv. (1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			441	20	396	2.41	2.13	941.4	576	1.84	56	16.29	80.89	5.66	2.05	0.00
% of Calories											51.2%	14.8%	73.4%	11.8%	4.2%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			370	32	357	3.67	4.06	504.3	851	31.81	41	13.46	62.11	7.33	2.81	0.00
											99.0%	14.6%	67.2%	17.8%	6.8%	0.0%

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Rialto Unified School District

Feb 3, 2025 thru Feb 7, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	370		350 - 500		100%												
Cholesterol (mg)	32																
Sodium 1 (mg)	357		540		66%												
Fiber (g)	3.67																
Iron (mg)	4.06																
Calcium (mg)	504.3																
Vitamin A (IU)	851																
Sugars (g)	41	43.98%															
Vitamin C (mg)	31.81																
Protein (g)	13.46	14.56%															
Carbohydrate (g)	62.11	67.20%															
Total Fat (g)	7.33	17.85%															
Saturated Fat (g)	2.81	6.84%			<=30.00%												
Trans Fat ¹ (g)	0.00	0.00%			<10.00%												

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Rialto Unified School District

Feb 10, 2025 thru Feb 14, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/10/2025																
PRE-K BIC # 2 HOLIDAY	Total SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 02/11/2025																
PRE-K BIC # 2 PANCAKES '24	Total SERVING (2 EACH)	300	130	5	240	3.00	1.00	63.0	0	0.0	6	4.0	26.01	2.0	0.00	0.00
SYRUP	1 OZ	300	66	0	23	0.00	0.01	0.9	0	0.0	6	0.0	17.43	0.0	0.00	*N/A*
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			347	20	414	3.42	1.14	420.3	546	1.84	34	13.29	65.33	4.66	1.55	*0.00
Nutrient Guideline			350-500		540						38.7%	15.3%	75.3%	12.1%	4.0%	*0.0%
														<=30.0	<10.00	

Wed - 02/12/2025																
PRE-K BIC # 2 Sndwich Chx & Sausage 2020	Total serving	300	159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	2.60	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	299	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			369	41	463	4.03	1.36	465.1	675	8.79	28	19.80	53.07	9.23	4.21	0.00
Nutrient Guideline			350-500		540						30.5%	21.5%	57.5%	22.5%	10.3%	0.0%
														<=30.0	<10.00	

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Feb 10, 2025 thru Feb 14, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/13/2025																
PRE-K BIC # 2	Total	300														
CEREAL,MULTI-GRAIN CHEER IOS'24	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			264	15	255	4.00	12.78	460.0	850	127.20	26 39.4%	11.00 16.7%	45.00 68.2%	3.50 11.9%	1.50 5.1%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Fri - 02/14/2025																
PRE-K BIC # 2	Total	300														
BREAD,BANANA 2023	1 EACH	300	329	39	170	3.91	1.14	28.0	87	4.04	*29	4.56	49.55	14.45	1.37	*0.00
Juice, apple 4oz. DW-2024	Each(4oz)	1	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	299	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			504	54	335	3.91	1.14	378.0	587	34.04	*58 *46.0%	13.56 10.8%	78.55 62.3%	16.95 30.2%	2.87 5.1%	*0.00 *0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	
Weighted Average			371	32	367	3.84	4.11	430.8	664	42.97	*36 *88.3%	14.41 15.5%	60.49 65.2%	8.58 20.8%	2.53 6.1%	*0.00 *0.0%

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Rialto Unified School District

Feb 10, 2025 thru Feb 14, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	371		350 - 500	100%													
Cholesterol (mg)	32																
Sodium 1 (mg)	367		540	68%													
Fiber (g)	3.84																
Iron (mg)	4.11																
Calcium (mg)	430.8																
Vitamin A (IU)	664																
Sugars (g)	36	39.26%				Missing											
Vitamin C (mg)	42.97																
Protein (g)	14.41	15.53%															
Carbohydrate (g)	60.49	65.19%															
Total Fat (g)	8.58	20.82%		<=30.00%													
Saturated Fat (g)	2.53	6.14%		<10.00%													
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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Rialto Unified School District

Feb 17, 2025 thru Feb 21, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/17/2025																
PRE-K BIC # 2 HOLIDAY	Total SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			350-500		540									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/18/2025																
PRE-K BIC # 2	Total	300														
Snack'n Waffles, Cinnamon GRAPES,Fresh PKG '23	pkg serv.(1/2 cup)	300	250	44	290	2.00	1.44	30.0	75	0.0	15	6.0	37.0	9.0	4.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			401	59	441	2.41	1.57	386.4	621	1.84	36	15.29	58.89	11.66	5.55	0.00
Nutrient Guideline			350-500		540						36.4%	15.3%	58.8%	26.2%	12.5%	0.0%
														<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/19/2025																
PRE-K BIC # 2	Total	300														
Bar, Benefit Apple Cinn '22	1 EACH	300	290	15	240	3.00	1.80	20.0	110	0.0	22	5.0	48.0	9.0	3.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.3 4 oz)	299	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			449	30	390	4.93	1.80	370.0	644	0.00	43	14.00	71.64	11.50	4.50	0.00
Nutrient Guideline			350-500		540						38.1%	12.5%	63.9%	23.1%	9.0%	0.0%
														<=30.0	<10.00	

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Rialto Unified School District

Feb 17, 2025 thru Feb 21, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/20/2025																
PRE-K BIC # 2	Total	300														
CEREAL,MULTI-GRAIN CHEER IOS'24	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			264	15	255	4.00	12.78	460.0	850	127.20	26	11.00	45.00	3.50	1.50	0.00
% of Calories											39.4%	16.7%	68.2%	11.9%	5.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 02/21/2025																
PRE-K BIC # 2	Total	300														
Yogurt,Straww/crack-DW '24PSBK	SERVING	300	290	5	245	2.00	2.00	585.0	30	0.0	35	7.0	59.0	3.0	0.50	0.00
Orange juice, DW, 4oz.2024	1 EACH	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	299	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			465	20	409	2.00	2.00	945.0	630	30.00	63	17.00	87.00	5.50	2.00	0.00
% of Calories											54.2%	14.6%	74.8%	10.6%	3.9%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			395	31	374	3.34	4.54	540.4	686	39.76	42	14.32	65.63	8.04	3.39	0.00
											95.9%	14.5%	66.5%	18.3%	7.7%	0.0%

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Rialto Unified School District

Feb 17, 2025 thru Feb 21, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	395		350 - 500		100%												
Cholesterol (mg)	31																
Sodium 1 (mg)	374		540		69%												
Fiber (g)	3.34																
Iron (mg)	4.54																
Calcium (mg)	540.4																
Vitamin A (IU)	686																
Sugars (g)	42	42.63%															
Vitamin C (mg)	39.76																
Protein (g)	14.32	14.52%															
Carbohydrate (g)	65.63	66.53%															
Total Fat (g)	8.04	18.34%															
Saturated Fat (g)	3.39	7.73%															
Trans Fat ¹ (g)	0.00	0.00%															

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Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

Page 1

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/24/2025																
PRE-K BIC # 2	Total	300														
OATMEAL CHOC-CHIP BAR-2017	EACH(2.5 oz)	300	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	1	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	299	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			520	35	390	6.00	1.80	370.0	730	0.00	60 46.2%	14.00 10.8%	89.00 68.5%	11.50 19.9%	4.50 7.8%	0.00 0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 02/25/2025																
PRE-K BIC # 2	Total	300														
PANCAKES '24	SERVING (2 EACH)	300	130	5	240	3.00	1.00	63.0	0	0.0	6	4.0	26.01	2.0	0.00	0.00
SYRUP	1 OZ	300	66	0	23	0.00	0.01	0.9	0	0.0	6	0.0	17.43	0.0	0.00	*N/A*
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	299	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			347	20	414	3.42	1.14	420.3	546	1.84	34 38.7%	13.29 15.3%	65.33 75.3%	4.66 12.1%	1.55 4.0%	*0.00 *0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 02/26/2025																
PRE-K BIC # 2	Total	300														
CEREAL,MULTI-GRAIN CHEER IOS'24	Bowl (28 Grams)	300	110	0	105	2.00	12.60	100.0	300	3.6	6	2.0	23.0	1.0	0.00	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	299	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00

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Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			320	15	256	4.63	12.86	455.1	865	12.39	32	12.10	60.07	3.83	1.61	0.00
% of Calories											40.5%	15.1%	75.1%	10.8%	4.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Thu - 02/27/2025																
PRE-K BIC # 2	Total	300														
Waffles, Fun N Fruti '24	pkg	300	210	35	290	2.00	1.08	8.0	0	0.0	10	5.0	31.0	8.0	1.50	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	299	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			364	50	440	4.00	1.26	368.0	550	123.60	30	14.00	53.00	10.50	3.00	0.00
% of Calories											33.0%	15.4%	58.2%	26.0%	7.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 02/28/2025																
PRE-K BIC # 2	Total	300														
Muffins, Blue.-Elements 2017	1 ea	300	200	35	190	0.00	0.00	0.0	60	0.0	12	2.0	23.0	12.0	1.50	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	299	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average			375	50	354	0.00	0.00	360.0	660	30.00	40	12.00	51.00	14.50	3.00	0.00
% of Calories											42.7%	12.8%	54.4%	34.8%	7.2%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			385	34	371	3.61	3.41	394.7	670	33.57	39	13.08	63.68	9.00	2.73	*0.00
											91.5%	13.6%	66.1%	21.0%	6.4%	*0.0%

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Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

PRE-K BIC # 2

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	385		350 - 500		100%												
Cholesterol (mg)	34																
Sodium 1 (mg)	371		540		69%												
Fiber (g)	3.61																
Iron (mg)	3.41																
Calcium (mg)	394.7																
Vitamin A (IU)	670																
Sugars (g)	39	40.69%															
Vitamin C (mg)	33.57																
Protein (g)	13.08	13.58%															
Carbohydrate (g)	63.68	66.12%															
Total Fat (g)	9.00	21.02%	<=30.00%														
Saturated Fat (g)	2.73	6.38%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing											

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